Below is a post-match evaluation form. It would be helpful if you had your child read it before Playing his/her match. It would be even more helpful if you read and discussed it with your child before he/she played their match. It just common-sense practical things that may not occur to a developing mind filled with so many other important things.

MACH ACADEMY
POST MATCH EVALUATION FORM

Your Name: _____

Your opponents name: _____

Name of tournament: _____

Date _____

Event played: _____

Round: _____ Who won: _____ Score: _____

1. Describe your state of mind going into the match? Were you worried about losing bad, what someone might say, not being in good practice / were you confident of winning and ready to play, explain?

2. Going into the match did you feel you had a chance of winning it?

3. What do you feel is your strength?

4. Describe tendencies you observed your opponent exhibit?

5. In which direction was the wind blowing and what if any affect did it have on your match strategy.

6. Which of his or her strokes did you feel were their weakest (serve, overhead, forehand, backhand, etc.). Explain.

7. Which of his or her strokes did you feel were their strongest? Explain.

8. Describe what you did to minimize your opponent's use of their strongest stroke.

9. Which strokes did you make the most errors executing? Explain why?

10. Describe what your opponent did to set up a winner or draw an error from you?

11. Describe what you did to set up a winner or draw an error from your opponent?

12. Describe your strategy for winning the match?

13. Which side did you hit the most balls to your opponent's forehand or backhand? Why?

14. Did you lob? If so describe the situation?

15. Which of your strokes do you feel is the weakest part of your game and what do you feel needs to be done to strengthen it.

16. What did you do well during the match?

17. Where was your opponent gaining points against you?

18. What area did you have least confidence in?

19. If you had to play your opponent again, what would you do differently?

20. Explain why you won or lost?